# Janssen Way Lesson Plan

Universal Expectations: Be respectful and safe

## Skill/Setting: Body Basics – Before School Grade level 4K-4

#### PURPOSE OF LESSON (Define): (Why is this important?)

Students will understand how to be safe while using respectful behaviors before school.

### **TEACHING AND EXAMPLES (Model):**

Meet with the group by the front doors. Say – "Boys and girls, we are going to talk about how you should come to school in the morning. The reason we are talking about this is to keep you safe. Whether you ride a bike, get dropped off by parents, or walk to school we are going to show you how you should get to the playground. If you ride the bus, we will show you where you should enter Morning Paws. We are going to walk outside and show you how you should be safe in the morning.

#### STUDENT ACTIVITIES (Practice): (student modeling and role play/multi-modal activities, etc)

Take the kids on a walk through the front doors. Talk about how when you get to Wallace Street and in front of school, you need to walk your bike/scooter in order to be safe. Walk the group down the sidewalk to the bike racks and talk about how to safely put your bike on the rack.

Then walk the kids around to the playground. Stop at the first/second doors. Discuss how when the music comes on in the morning, this is where you will walk in the building. Talk to the kids about how you will filter to the right of the hallway and your voice level should be a 1 (soft whisper). Practice walking through those doors, to the right of the hall and keeping your voice at a 1.

Walk the kids down the hall into the small gym by the stage. As you walk by the bus door, stop and talk about how bus kids will enter through this door in the morning. They should have their voices at a 1 and find their classroom teachers.

Walk the group back to the front doors.

### FOLLOW UP/REINFORCEMENT ACTIVITIES: (Re-teach, Model, Practice, Acknowledge)

Practice daily