

Janssen Way Lesson Plan

Universal Expectations: Be a respectful and kind learner/listener

Skill/Setting: Body Basics – “Give me Five”

Grade level 4K-4

PURPOSE OF LESSON (Define): (Why is this important?)

To demonstrate the expectation (body basics) for listening and learning

TEACHING AND EXAMPLES (Model):

Say – “Boys and girls there are 5 things you need to do to show you are listening and ready to learn. We call these our body basics. When a teacher says, ‘Body Basics – Give me 5!’ you need to...(read the 5 steps off of the poster).”

As you read each step, model them.

Body Basics: Sitting up tall, Look at who’s talking, Listening ears, Hand and feet to yourself, and Voices off.

STUDENT ACTIVITIES (Practice): (student modeling and role play/multi-modal activities, etc)

Say – “Okay boys and girls, we are now going to practice together. When I say, ‘Body Basics – Give me 5’ you will show me all 5 steps.

Practice Body Basics at tables, desks, carpet, etc.

Chant – teacher says the first words for each step and students finish step by staying the last word.

FOLLOW UP/REINFORCEMENT ACTIVITIES: (Re-teach, Model, Practice, Acknowledge)

Practice in all settings weekly.