

# Janssen Way Lesson Plan

## Universal Expectations:

Kindness, Honesty, Respect, Responsibility

## Skill/Setting:

Grade level 1-2

Lunchroom

## PURPOSE OF LESSON: (Define) ( Why is this important?)

To demonstrate appropriate cafeteria behaviors

## TEACHING AND EXAMPLES (Model):

### Arriving to the Lunchroom

- Line Basics (Voice level 1)with their teacher through small gym doors near Art Room
- Cold lunch students go to seating spot
- Students who need milk or hot lunch continue on the line
- Line up for hot lunch on line
- Line up for milk
- Waiting Voice Level 1
- After you have your food sit at the appropriate table unless you have special permission (allergies)

*Boys and girls today I am going to show you how to come to the lunchroom safely and respectfully.*

*These are the expectations :(Go through bulleted expectations)*

*Now boys and girls please watch and notice what I do. I am going to first you what a hot luncher will do. (Go through the steps of a hot lunch student)*

*Now watch what I would do if I have cold lunch but need to get a milk. (Model)*

*Last watch what a cold luncher would do.*

*Boys and girls think about what are you doing for lunch today? Raise your hand if you are having hot? Cold? Need milk?*

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*Now we are going to pretend it is lunch time and practice the steps you will follow for what you are having today. (Form a line in the hallway and lead them into the lunchroom. Support students in remembering steps and repeat as needed.)*

## **Eating**

- Sit at Hot lunch or cold lunch table
- Remain at your table until dismissed
- If you need something raise your hand to get an adult's attention(bathroom or wash hands or opening something, etc.)
- Only eat your food
- Voice Level 2

Students should now be sitting at the lunch tables prepared to listen to the next part of the lesson.

*Now we are going to talk about your expectations while you are eating. We know that lunch is a great time to talk with friends but your voice needs to stay at a level 3 volume to be respectful so that people around you can hear their neighbor and adults can give directions.*

*Remember while you are eating, keep your food on your tray and don't share food with classmates.*

*If you need assistance, raise your hand and an adult will come to you. This may be if you need to use the bathroom, wash your hands or need help opening food. Please be patient, if your hand is up, they will come to you.*

*Remain at your table until your are dismissed. An adult will start dismissing around 12:00.*

*Now let's practice.*

- *Say your name and your favorite color to your neighbor in the type of voice you need for lunch. (Level 3). Clap two times for students to stop. Praise or practice again.*
- *Show me what you will do if you need to use the bathroom. (Students will raise hands)*
- *Show me what you will do if you can't get your milk open? (Students will raise hands)*
- *Point to where you will be when you are finished eating. (Students should reference they should stay at their seats)*

## **Leaving There (Start dismissing at 12:00)**

- Wait for your table to be dismissed
  - Check the floor around your table for trash
  - When dismissed put all your garbage on your tray
  - Dump liquid into bucket
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- Throw away tray and garbage and return to your seat
  - To go outside, (Announcement will be made and you will be dismissed) follow (staying to the right of the hallway in a line) to your cubby and put your lunch box away and quietly (voice level 2) get your outside gear on. Stay near your cubby while you get dressed. When you are ready walk on the right side of the hallway to exit the school. Have fun at recess!
  - To go to Play-fair wait at your lunch seat for High School volunteer to dismiss you lead you to the gym

Now we are going to practice what we do when we are ready to go to recess.

*These are the expectations :(Go through bulleted expectations)*

*Now boys and girls please watch and notice what I do. First I am going to show you what I would do if you I wanted to go out to recess. (Have students follow you into the hallway)*

*Now I am going to show you what I would do if I wanted to go to Play-fair (model for students)*

*Practice as a group.*

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**STUDENT ACTIVITIES (Practice): (student modeling and role play/multi-modal activities, etc)**

See Notes above.

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**FOLLOW UP/REINFORCEMENT ACTIVITIES: ( Re-teach, Model, Practice, Acknowledge)**

Practice in lunchroom first day and first week. Reinforce as necessary in classroom and lunchroom.