

# Paws and Thinks from the 2012-2013 school year.

## "PAWS" and Think....

### Week of:

- June 3rd: How can you show KINDNESS, HONESTY, RESPECT, and RESPONSIBILITY (The Janssen Way) over the summer when you're not at Janssen?
- May 28th: What we do affects others. With 2 weeks of school left, how can you use your words and hands to help and not hurt others?
- May 20th: Life lessons we've learned from going to school at Janssen (4th grade students will share): What lessons have **you** learned?
- May 13th: Persistence means to keep trying, even when you feel like giving up. When do you think is a time of the day that you need to remind yourself to keep on trying?
- May 6th: How can you use the Janssen Way to keep your learning focused?
- April 29th: How can you show respect for other people's things? If something belongs to your friend, teacher, parent, brother or sister, what can you do?
- April 22nd: All of you are children who can make a difference by showing kindness and respect to your friends and classmates. How can you be a hero to someone who is being bullied or simply needs help?
- April 15th: Doing the right thing is the right thing to do. Courage is doing right when everyone around you is doing wrong. How will you do the right thing, just because?
- April 8th: Now that we're back from break, how can we focus on being a responsible learner?
- April 1st: Happy Spring Break!
- March 25th: Honesty is the best policy as they say...it's always right to tell the truth. How does being honest help me in and out of school?
- March 18th: Responsibility - noun, plural re-spon-si-bil-i-ty. 1. the state or fact of being responsible, answerable, or accountable for something within one's power, control, or management. How can you be responsible for your actions?
- March 11th: Random acts of kindness, especially when they happen to you, can really make you feel special. How can you make someone feel "LUCKY" today?
- March 4th: It feels really great on the inside when someone is polite and treats you with kindness. For example, if your hands are full and someone opens the door for you, that's being kind. Using your words and saying, "Thank you!" to the person is a great way to show your manners. How can you use manners to show kindness?
- February 25th: Every choice we make either positively or negatively affects others. "Be kind to others so they will be kind to you." How do you practice the golden rule?

- February 18th: Manners are important when we are with other people. How do you use manners to show respect?
- February 11th: We've been working on taking care of our things and being responsible with them. With Jump Rope for Heart this week, how can we be responsible with our bodies? What are you eating for healthy fuel? What are you doing for exercise? Are you getting enough sleep?
- February 4th: When the windchill dips below 0 or the rain starts pouring, we need to stay inside for recess. What does the Janssen Way look like for indoor recess?
- January 28th: Taking care of yourself is another way that you can reduce stress and be responsible for you. How can I show others that I am doing my best? Is it ...using manners toward others? ...keeping my area and center clean? ...doing Body Basics? ...getting enough sleep so I have a positive attitude? ...eating healthy choices so I have energy? ...including everyone so I have lots of friends?
- January 21st: Keeping items in their place reduces stress and helps you stay organized. How can you organize your personal space? What are your responsibilities to keep your desk, cubby, centers, and personal areas organized?
- January 14th: We need lots of extra clothing when we play outside during recess in the winter and all of that stuff needs a place to be stored. What can I do to help keep the hallways and cubbies neat and clean?
- January 7th: Taking care of our belongings is showing responsibility. How can I be responsible with the recess/playground equipment?
- January 2nd: Using our words and hands in a helpful way makes others feel good and important! Hands and words are for helping not hurting.
- December 17th: When it snows outside, there are changes during recess time. How do Janssen Way behaviors look different during winter recess?
- December 10th: What you do affects those around you. What goes around comes around...(words of wisdom from Retro Bill).
- December 3rd: Manners are a great way to show others that you are respectful. How can you use your manners to show respect?
- November 26th: There are several other classes that you have at Janssen, like art, music, guidance, physical education, library, and other guest speakers. What does The Janssen Way look like when you are in Specials?
- November 19th: Remember to show your appreciation by saying, "Thank you!" What are you thankful for this Thanksgiving?
- November 12th: We have many adults at Janssen who help us. How do we respect adults in our community?
- November 5th: Doing the Janssen Way when we play is important. What does the Janssen Way look like at recess time?
- October 29th: Having fun and staying safe is hard work. What can I do to keep my body in control with all the exciting things happening at school, in the community, and at home?

- **October 22nd:** This coming Saturday is "Make a Difference Day." This is a day to spread the Janssen Way to your community. How can you share kindness, honesty, respect, and responsibility with others who live in your neighborhood?
- **October 15th:** The lunchroom is a great place to practice and use the Janssen Way. How can we get better at practicing the Janssen Way in the lunchroom?
- **October 8th:** The Janssen Way can be used in lots of places. How can you show the Janssen Way in areas other than the classroom; such as in the lunch room, at recess, in the hallway, etc. ?
- **October 1st:** Moving from one activity to a different one can be interesting. How do we use the Janssen Way when we are changing/transitioning to another activity?
- **September 24th:** It is great to give someone encouragement. We are going to focus on two phrases - "Great job!" and "Thank you!" What words can you tell someone that will make them feel good?
- **September 17th:** We all learned a LOT during our school Olympics last week. How can you use what you learned to show respect in our building and with adults at school?
- **September 10th:** Showing kindness will make others feel good and you too! How can you show kindness today?
- **September 4th:** We have many different ways of showing respect. How can we respect our school?