

Janssen Way Lesson Plan

Universal Expectations:

Skill/Setting: **Playground Recess**

Grade level **1-4**

PURPOSE OF LESSON (Define): (Why is this important?)

To demonstrate appropriate behavior during recess

To demonstrate appropriate use of equipment on the playground

To demonstrate appropriate transitions from learning, to free time, and back to learning

TEACHING AND EXAMPLES (Model):

Teach matrix

- Taking equipment out and putting it away when finished
- Using equipment the way it is supposed to be used
- Playfair rules
- Kelso's choices
- Line basics
- Dressing for the weather

Safety 1st

- Stay on/in the playground areas (Do not leave the playground area without adult permission)
- Report injuries and problems to supervisors
- Equipment use
- Use appropriate space (self, partner, group)
- Playfair

STUDENT ACTIVITIES (Practice): (student modeling and role play/multi-modal activities, etc)

List of expectations for equipment: swings, slides, playground equipment (unique lessons for each)

List of expectations for field areas: touch – no tackle games

Kelso's choice for conflicts

Playfair rules for interactions with others

Reporting incidents (telling), not tattling

Bring equipment out, then bring it ALL inside and put it back in the storage bins

Voice changes from 4 to 1, for example

Immediately inside when the bell rings

FOLLOW UP/REINFORCEMENT ACTIVITIES: (Re-teach, Model, Practice, Acknowledge)

Student teacher and I . . . student activities during PE classes; witness behaviors during recess with incentives given – LOTS OF TIMES!!!; postpone Playfair activities to ensure appropriate playground behaviors; model/play during lunch recess for first couple of weeks, using high school helpers as peer models – being intentional about modeling above expectations, especially with transitions to and from recess.